

# ROADMAP TO A LIFE YOU LOVE

Do you sometimes wonder if you're doing what's most important to you?

Or do you feel pulled by what others want or need?

Do you end your day wondering where the time went or have a lingering feeling that you didn't get to do what mattered to you?

**How would it feel to have a strong sense of what you want *and why that's important*?**

How would it feel to end each day grateful for what you did do? And how would it feel to be engaged and energized by how you spent your time?

Knowing, at your core, what is important to you *and why it's important*, helps you navigate through all the noise and distractions. You already have a compass in you, and your own stories are the key to finding it and making it stronger.

Of course not every minute or even every day will be perfect, but knowing what matters to you helps. And when you know your strengths and remember your own resilience, you will know how to get past the bumps in the road.

Together we will create your personal roadmap — what you want at your core, what you value, what makes you feel alive. You'll be able to move forward with more ease and confidence.

The result – **Say yes to more of the things you want in your life and no to things that don't excite or fill you up.**

I'll walk you through intentional processes to find the answers waiting for you in your stories. Together, we'll tap into your stories and get curious, we'll explore your values and what saps your energy and what amplifies it.

And then we will use what you discover to build your own personal roadmap forward to empower you to live the life you love.

**I'd love to work with you to create your own roadmap, personalized to your values and based on your own story.** I want to help you to get clear about what matters, so you can say yes to more of the things you want in your life, no to things that don't excite or fill you up and have a plan on how to avoid or handle the inevitable bumps.

**Let's create your Roadmap to a Life You Love together.**

Here are the details:

3 two-hour live online workshops with me (limited to 10 participants)  
Dates: March 24 and 31, and April 7, 2020.

**PLUS** a one-hour 1:1 coaching session with me to refine your plan and work on how to navigate challenges based on your personal concerns.

Sound interesting? Sign up for the wait list [here](#) and be the first to be able to register at the best price. I'll send you more information as we get closer to the workshop.

*"Melanie has more than a passion to help people explore their writing, she is a champion at reaching deeper and raising their level of who they are. That is a gift. I am forever grateful for all of the energy that Melanie puts into her workshops." - Gail*

*"I got so much out of the workshop. I didn't realize how important the writing part was. I had so many thoughts swirling around in my head, but when I got them on paper, I could start to make sense of them and figure out what I needed to know." - Loretta*